

**Fall 2026**

| <b>Title</b>                                       | <b>Subject Description</b>      | <b>Course Number</b> | <b>CRN</b> | <b>Instructor</b>     | <b>Meeting Times</b>    | <b>Campus</b> | <b>Description</b>  |
|--|---------------------------------|----------------------|------------|-----------------------|-------------------------|---------------|---|
| Success Strategies for Promoting Mental Health     | Disability Resources Department | 313                  | 70896      | Niedeberger, Christin | Exclusively Online      | Other         | This course is designed to promote the academic success of students with mental health conditions. Students will gain a basic understanding of common factors that contribute to mental health conditions, as well as strategies to improve emotional regulation, stress management, and self-advocacy. |
| Introduction to Career Development                 | Disability Resources Department | 363                  | 71948      | Arnold, Ashley        | Exclusively Online      | Other         | In this course, students will address career planning and job search techniques, with an emphasis on career interests and values, labor market trends, job seeking and interview skills, and disability management in the workplace.  |
| Introduction to Career Development                 | Disability Resources Department | 363                  | 70712      | Higgins, Matthew      | M-W<br>1:00pm - 2:50pm  | Santa Rosa    | In this course, students will address career planning and job search techniques, with an emphasis on career interests and values, labor market trends, job seeking and interview skills, and disability management in the workplace.  |
| College Success 1 : Notetaking and time management | Disability Resources Department | 368.1                | 70214      | Bentley, Melissa      | T-Th<br>9:00am -10:20am | Santa Rosa    | This course provides opportunities for students to explore and practice organization, time management, and note-taking skills. It also includes topics specific to the use of disability related services and campus resources  |



|  |                                 |       |       |                   |                          |            |   |
|--|---------------------------------|-------|-------|-------------------|--------------------------|------------|---|
| College Success 2 :<br>Comprehension and test Strategies | Disability Resources Department | 368.2 | 70215 | Bentley, Melissa  | Exclusively Online       | Other      | This course provides opportunities for students to explore and practice concentration, memory, reading strategies, test preparation, and test-taking strategies. It also includes topics specific to disability related services and campus resources   |
| Introduction to College and Career Preparation1          | Disability Resources Department | 370A  | 72330 | Ezersky, Debbie   | Exclusively Online       | Other      | This course addresses career preparation strategies and resources for students with disabilities. Students will identify opportunities for involvement in campus and community activities, and career technical education.<br><b>Section information text:</b><br>This section offers support for current high school students who plan on attaining a college degree or certificate  |
| Introduction to College and Career Preparation 1         | Disability Resources Department | 370A  | 72335 | Ezersky, Debbie   | Exclusively Online       | Other      | This course addresses career preparation strategies and resources for students with disabilities. Students will identify opportunities for involvement in campus and community activities, and career technical education.<br><b>Section information text:</b><br>This section offers support for current high school students who plan on attaining a college degree or certificate. |
| Introduction to College and Career Preparation 1         | Disability Resources Department | 370A  | 72742 | Alexander, Andrea | Mondays<br>12pm - 1:20pm | Santa Rosa | This course addresses career preparation strategies and resources for students with disabilities. Students will identify opportunities for involvement in campus and community activities, and career technical education.<br><b>Section information text:</b><br>This section is restricted to students currently enrolled in the C2C program.                                       |



|  |                                 |       |       |                   |   |            |  |
|--|---------------------------------|-------|-------|-------------------|---|------------|--|
| Career Development and Work Experience 1 | Disability Resources Department | 370C  | 72744 | Alexander, Andrea | Wednesdays<br>9:30am-10:20am                            | Santa Rosa | Students with disabilities will identify appropriate volunteer and paid work experience opportunities in both on and off campus settings. Students will be supported in attending campus, community, and career education opportunities and activities.<br><b>Section information text:</b><br>This section is restricted to the students currently enrolled in the College to Career Program  |
| Transition to Employment 1               | Disability Resources Department | 370E  | 72745 | Alexander, Andrea | Wednesdays<br>1:30pm - 2:20pm                           | Santa Rosa | Students with disabilities will develop a plan for on-the-job support and disability management in the workplace. Students will initiate the planning of a campus and/or community event or activity.<br><b>Section information text:</b><br>This section is restricted to students currently enrolled in the College to Career Program.   |
| Communication Skills                     | Disability Resources Department | 390.2 | 70369 | Arin, Jocelyn     | Tuesday's<br>12pm - 1:50pm<br>Thursday<br>12pm - 1:20pm | Santa Rosa | This course will provide students with an overview of the communicative process and strategies for effective communication in daily life, especially focusing on school and workplace environments, as they relate to individuals with disabilities. Students will identify and apply strategies that address the functional limitations of their disability.<br><b>Section information text:</b><br>This section is restricted to students in the College to Career Program |
| College Resources & Strategies           | Disability Resources Department | 391   | 72741 | Aspinall, Laura   | T-Th<br>10:30am-11:50am                                 | Santa Rosa | Students will learn about college resources, community resources, and strategies that contribute to the academic success of students with disabilities. This course also addresses how students can safely   |



|                       |                                 |     |       |                  |                          |            |   |
|-----------------------|---------------------------------|-----|-------|------------------|--------------------------|------------|---|
|                       |                                 |     |       |                  |                          |            | and effectively navigate the college campus and resources. Limits on Enrollment: Students must be enrolled in the College to Career Program<br><b>Section information text:</b><br>This section is restricted to students currently enrolled in the College to Career Program.  |
| Learning Strategies   | Disability Resources Department | 700 | 71588 | Chinn, Nancy     | Lab hours by Arrangement | Santa Rosa | Through this course, students will receive specialized instruction and/or support to maximize their college success.<br><b>Section information text:</b><br>This section is for concussion education/baseline testing for intercollegiate and club sports.  |
| Learning Strategies   | Disability Resources Department | 700 | 70739 | Ruys-Balk, Tanya | TBA                      | Santa Rosa | Through this course, students will receive specialized instruction and/or support to maximize their college success.<br><b>Section information text:</b><br>This section is for Deaf students and will be taught in ASL.  |
| Coping Strategies     | Disability Resources Department | 705 | 70721 | Ezersky, Debbie  | Exclusively Online       | Other      | This course provides education and support for adults with hearing loss. Students will learn about hearing technology (cochlear implants and hearing aids), community resources, and overcoming communication challenges.<br><b>Section information text:</b><br>Please contact Debbie Ezersky for additional information at <a href="mailto:dezersky@santarosa.edu">dezersky@santarosa.edu</a> . |
| Job Search Strategies | Disability Resources Department | 761 | 74534 | Morris, Noah     | Exclusively Online       | Other      | In this course, students will determine employment readiness and explore application of job search strategies.<br><b>Section information text:</b><br>This section is restricted for College to   |



|  |                                 |     |       |                   |     |            |   |
|--|---------------------------------|-----|-------|-------------------|-----|------------|---|
|  |                                 |     |       |                   |     |            | Career students.  |
| Assistive Technology Training Center Lab | Disability Resources Department | 784 | 71660 | Burton, Katherine | Lab | Santa Rosa | In this course, students will explore access technology in a lab or classroom setting. Students may work independently, participate in group and/or individual instruction, structured workshops, and other academic support activities after meeting with an Access Technology Specialist.<br><b>Section information text:</b><br>The Assistive Technology Center is providing services via Zoom, phone and in-person. The operational hours are MTWTh 8:00am-4:00pm and F 8:00am-12:00pm. Students will meet with an Assistive Technology Specialist for an intake appointment prior to enrolling in this course. |